

BREAKFAST ENTREES & SIDE ORDERS

Grits or ♥Cereal
♥Oatmeal
♥Hash Browns
♥Pancakes
♥French Toast

Toast (♥rye, ♥wheat, ♥white)
♥Bagel
♥English Muffin
Omelets (*any style*)
Eggs (*any style*)

Sausage (*pattie or link*)
Corned Beef Hash
Bacon
Country Ham
♥fat free, cholesterol free eggs

SANDWICHES

plain, grilled or toasted with your choice of ♥white, ♥wheat, ♥rye, sesame seed bun, or croissant bun

Ham
♥Turkey
♥Roast Beef

Hamburger
Hot Dog
BLT

Chicken Salad
Tuna Salad
Pimento Cheese

Fixings': lettuce, tomato, Swiss or American cheese, onions, chili

Club Sandwich

(Half or Whole sandwich) triple decker sandwich with lettuce, tomato, cheese, bacon, deli ham, and deli turkey

Ranch Chicken Sandwich

grilled or fried chicken breast filet with bacon, Swiss cheese, and ranch sauce

♥Baked Potato Chips♥, Plain Potato Chips, or French Fries

SALAD ENTREES OR SALAD BAR AVAILABLE

Cold Salad Plate

Your choice of chicken or tuna salad on a bed of ♥salad greens w/ ♥fresh fruit and ♥fresh slice tomatoes

Spinach & Strawberry Salad

Your choice of grilled chicken or steamed shrimp on a bed of fresh baby spinach, strawberries, blue cheese, and toasted pecans serve with honey-ginger dressing

ENTREES

♥Spaghetti w/ Meat Sauce♥

Meat Loaf

Country Fried Steak

Flounder Filet
♥steam♥, fried, or sautéed

Grilled Ham Steak w/ Pineapple Glaze

Shrimp
♥steam♥, fried, or sautéed

Pork Chop

♥grilled♥, fried, or smothered

♥Grilled Chicken Breast Filet♥

Breaded Chicken Drumettes

Breaded Chicken Tenders

Creamed Chipped Beef on Toast

SIDE ORDERS

♥White Rice♥

♥Steamed Carrots♥

♥Baked Potato♥

♥Green Beans♥

♥Steamed Broccoli♥

♥Baked Sweet Potato♥

♥Fresh Sliced Tomatoes♥

♥Baked Potato Chips♥

♥Yellow Corn♥

Green Butter Beans

Plain Potato Chips

Cheddar Cheese Sauce

♥Stewed Tomatoes♥

Home-Style Mashed Potatoes

Home-Style Chili

Apple Sauce or Stewed Apples

Seasoned Cabbage

French Fries

Sautéed Onions

Collard Greens

Marinara Sauce

Hushpuppy, ♥Wheat Roll♥, or Cornbread

♥Heart Healthy♥

Diabetic Friendly